

Fundamental Knowledge of *Abhidhamma*

**Lesson – 26 –**  
**The Process Of Mentality**

Collected By Ven.Paññādhikālaṅkāra

1

Suggested reading - CMA. p -110

Handbook of *Abhidhamma* Studies – {Vol-I p-335 - 337}

## Combinations

(1) *Sampayoga-naya* – ( *Cetasika-Citta* combination)  
– Association of Mental Factors

16- *Nayas* = *Aññasamāna*-{7} *Akusala*-{5} *Sobhana*-{4}

(2) *Saṅgaha-naya* – ( *Citta-Cetasika* combination)  
– Combinations of Mental Factors

33 - *Nayas* = *Lokuttarā*-{5} *Mahaggata*-{5}  
*KāmāvacaraSobhana*-{12} *Akusala*-{7} *Ahetuka*-{4}



## 52 – Mental Factors Linked with the 89/121 *Cittas*

**(1) *Aññasamāna-Cetasikas***  
(Ethically variable factors)  
– 13

➤ Seven (Universals -7)-  
are linked with every type of consciousness.

➤ Six (Occasionals - 6) –  
are linked in the appropriate ways..

**(2) *Akusala-Cetasika***  
(Unwholesome factors) – 14

Fourteen are linked only with the unwholesome types  
of consciousness.

**(3) *Sobhana-Cetasika***  
(Beautiful Factors) – 25

The Beautiful factors are linked only with the beautiful  
types of consciousness.

## The *Cittas* Linked with the Mental Factors = {33 Nayas}

(1) *Lokuttarā-Citta* – 40  
(Supramundane Cittas)

➤ *Aññasamāna* – 13 +

Beautiful Factors except two *Appamaññā* – 23 = 36

{5}  
Naya

(2) *Mahaggata-Citta*  
(Sublime Cittas) – 27

➤ *Aññasamāna* – 13 +

Beautiful Factors except three *Viratī* – 22 = 35

{5}  
Naya

(3) *Kāmāvacara-Sobhana-Citta*  
(Sense-sphere Beautiful Cittas) – 24

➤ *Aññasamāna* – 13 +

Beautiful Factors – 25 = 38

{12}  
Naya

(4) *Akusala-Citta*  
(Unwholesome Cittas) – 12

➤ *Aññasamāna* – 13 +

Unwholesome Factors – 14 = 27

{7}  
Naya

(5) *Ahetuka-Citta*  
(Rootless Cittas) – 18

➤ *Aññasamāna* except *Chanda* – 12

{4}  
Naya

Non-beautiful - 30

## Mixture of Two Methods (*Missakanaya*) {by Visuddārāma Sayardaw}

➤ *Phassa* (contact) ➤ All 89 - *Cittas* → 52 mental factors (except *Phassa* itself) = 51

*Vedanā* – *Saññā* – *Cetanā* – *Ekaggatā* – *Jīvitindriya* – *Manasikāra* = 51 except themselves

❖ *Vitakka* ➤ 55 - *Cittas* → 52 mental factors (except *Vitakka* itself) = 51  
(Initial application) *Vicāra* (same as *Vitakka*)

❖ *Adhimokkha* ➤ 78 - *Cittas* → 51 mental factors except *Vicikicchā* (and itself) = 50  
(Decision)

❖ *Vīriya* (Energy) ➤ 73 - *Cittas* → 52 mental factors (except *Vīriya* itself) = 51

❖ *Pīti* (Zest) ➤ 51 - *Cittas* → 47 mental factors (except *Pīti* itself) = 47  
(*Dosa*, *Issā*, *Macchhariya*, *Kukkucca*, *Vicikicchā*, and *Pīti*)

❖ *Chanda* ➤ 69 - *Cittas* → 51 mental factors except *Vicikicchā* (and itself) = 50  
(Desire)

### Mixture Method of *Akusala*

- ***Moha*** (Delusion) ➤ **12 -*Akusala Cittas*** → 27 mental factors (except itself) = 26  
*Ahirika – Anottappa – Uddhacca* = 26 except themselves
- ❖ ***Lobha*** (Greed) ➤ **8 -*Lobhamūla Cittas*** → 22 mental factors (except itself) = 21  
 (exceptions (6) = (*Dosa, Issā, Macchariya, Kukkucca + Vicikicchā, and Lobha* )
- ❖ ***Diṭṭhi*** (Wrong view) ➤ **4 - *Diṭṭhigata-sampayutta Cittas*** → 21 mental factors (except itself) = 20  
 (exceptions (7) = (*Dosa, Issā, Macchariya, Kukkucca + Vicikicchā, Māna, and Diṭṭhi* )
- ❖ ***Māna*** (Conceit) ➤ **4 - *Diṭṭhigata-Vippayutta Cittas*** → 21 mental factors (except itself) = 20  
 (exceptions (7) = (*Dosa, Issā, Macchariya, Kukkucca, Vicikicchā, Diṭṭhi, and Māna* )



❖ **Dosa** (Hatred) ➤ **2 - Dosamūla Cittas** → 22 mental factors (except itself) = 21  
(exceptions (6) = (*Pīti*, *Lobha*, *Diṭṭhi*, *Māna*, *Vicikicchā*, and *Dosa* )

❖ **Issā** (Envy) ➤ **2 - Dosamūla Cittas** → 22 mental factors  
(except itself and *Macchhariya*, *Kukkucca*) = 19  
(exceptions (6) = (*Pīti*, *Lobha*, *Diṭṭhi*, *Māna*, *Vicikicchā*, and *Issā* )

*Macchhariya*, *Kukkucca* have the same method of *Issā*.  
(Each of them can arise with 19 mental factors)

➤ **Thina** (Sloth) ➤ **5 -Sasaṅkhārika Cittas** → 26 mental factors (except itself) = 25  
(exceptions (2) = (*Vicikicchā*, and *Thina* )

*Middha* (Torpor) = 25 (exceptions are *Vicikicchā*, and *Middha*)

❖ **Vicikicchā** (Doubt) ➤ **1 -Vicikicchā-sahaga Cittas** → 15 mental factors (except itself) = 14  
(exceptions (13) = (*Adhimokkha*, *Pīti*, *Chanda* + *Lobha*, *Diṭṭhi*, *Māna* +  
*Dosa*, *Issā*, *Macchhariya*, *Kukkucca* + *Thina*, *Middha* and *Vicikicchā*)

### Mixture Method of *Sobhana*

- *Saddhā* (Faith) ➤ 59 - *Sabhana Cittas* → 38 mental factors (except itself) = 37

All other universal beautiful mental factors have the same method of *Saddhā*. (37)

- *Sammā-vācā* (Right speech) ➤ 16 - *Cittas* → 38 mental factors (except itself + *and two appamaññā*) = 35

*Sammā-kammanta* + *Sammā-ājīva* have the same method of *Sammā-vācā*.

- *Karuṇā* (Compassion) ➤ 28 - *Cittas* → 38 mental factors (except itself + *Muditā and three Viratī*) = 33

*Muditā* (Appreciative joy) has the same method of *Karuṇā*. (33)

- ❖ *Paññā* (Wisdom Faculty) ➤ 47 - *Citta* → 38 mental factors (except itself) = 37

Same as *Saddhā*

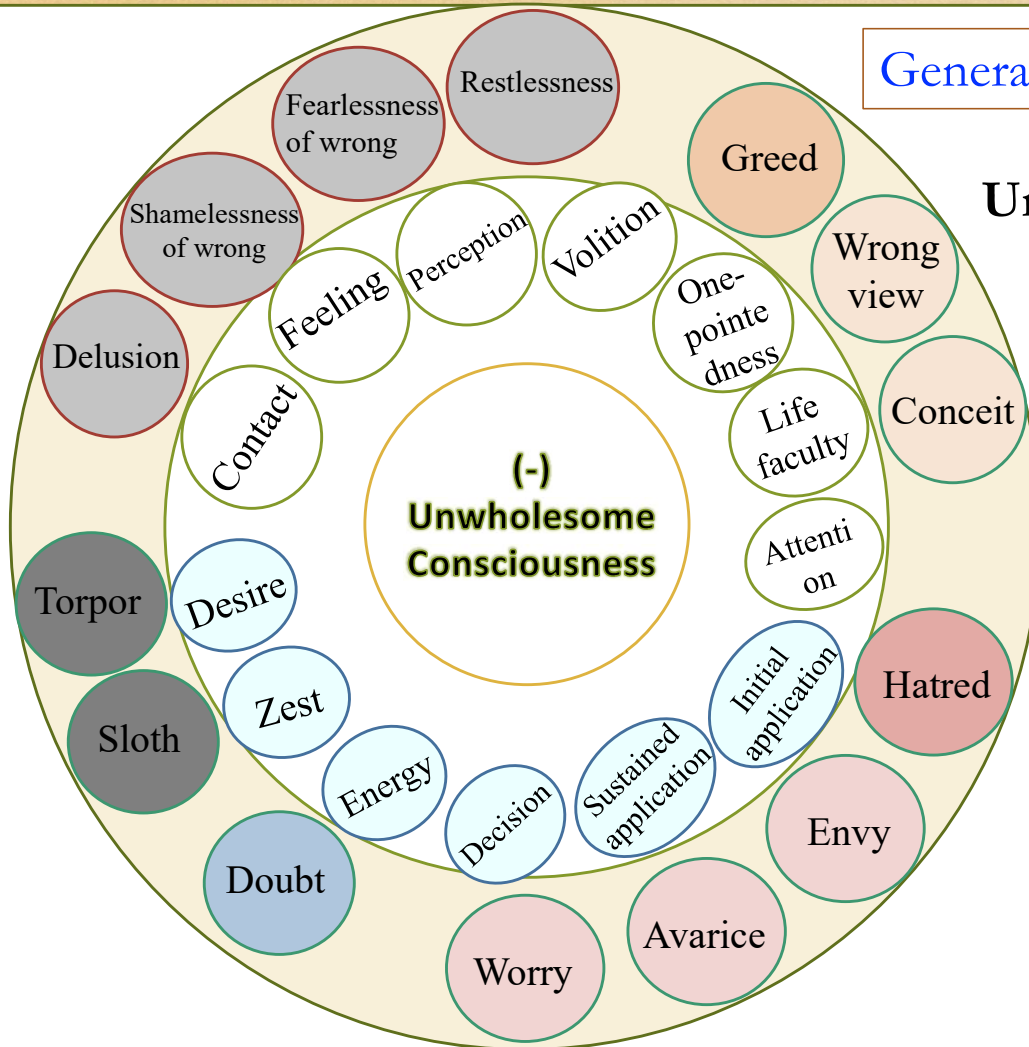


## General description of *Akusala Citta*

Unwholesome Citta – 12

➤ *Aññasamāna* – 13 +

Unwholesome Factors – 14 = 27



## The combinations of Unprompted (*Asaṅkhārika*) *Cittas* – 5

(1) Accom...by joy- Asso.. with wrong view - unprompted	First unprompted	<i>Aññasamāna</i> – 13 + universal unwholesome – 4 + greed , and wrong view (2) = 19	1 <sup>st</sup> Naya
(3) Accom...by joy- Disso.. from wrong view - unprompted	Second unprompted	<i>Aññasamāna</i> – 13 + universal unwholesome – 4 + greed , and conceit (2) = 19	2 <sup>nd</sup> Naya
(5) Accom...by equanimity- Asso.. with wrong view - unprompted	Third unprompted	<i>Aññasamāna</i> except <i>Pīti</i> – 12 + universal unwholesome – 4 + greed , and wrong view (2) = 18	3 <sup>rd</sup> Naya
(7) Accom...by equanimity- Disso.. from wrong view - unprompted	Fourth unprompted	<i>Aññasamāna</i> except <i>Pīti</i> – 12 + universal unwholesome – 4 + greed , and conceit (2) = 18	4 <sup>th</sup> Naya
(9) Accom...by displeasure- Asso.. with Aversion - unprompted	Fifth unprompted	<i>Aññasamāna</i> except <i>Pīti</i> – 12 + universal unwholesome – 4 + Hatred, envy, avarice, worry (4) = 20	5 <sup>th</sup> Naya

## The combinations of prompted (*Sasaṅkhārika*) *Cittas* – 5

(2) Accom...by joy- Asso.. with wrong view - prompted	First prompted	<i>Aññasamāna</i> – 13 + universal unwholesome – 4 + greed , and wrong view (2) + sloth and torpor (2) = 21	1 <sup>st</sup> Naya
(4) Accom...by joy- Disso.. from wrong view - prompted	Second prompted	<i>Aññasamāna</i> – 13 + universal unwholesome – 4 + greed , and conceit (2) + sloth and torpor (2) = 21	2 <sup>nd</sup> Naya
(6) Accom...by equanimity- Asso.. with wrong view - prompted	Third prompted	<i>Aññasamāna</i> except <i>Pīti</i> – 12 + universal unwholesome – 4 + greed , and wrong view (2) + sloth and torpor (2) = 20	3 <sup>rd</sup> Naya
(8) Accom...by equanimity- Disso.. from wrong view - prompted	Fourth prompted	<i>Aññasamāna</i> except <i>Pīti</i> – 12 + universal unwholesome – 4 + greed , and conceit (2) + sloth and torpor (2) = 20	4 <sup>th</sup> Naya
(10) Accom...by displeasure- Asso.. with Aversion - prompted	Fifth prompted	<i>Aññasamāna</i> except <i>Pīti</i> – 12 + universal unwholesome – 4 + Hatred, envy, avarice, worry (4) + sloth and torpor (2) = 22	<sup>11</sup> 5 <sup>th</sup> Naya



## The Combinations of Delusion-rooted *Cittas* (*Mohamūla Cittas*) – 2

(12)

Accom...by equanimity-

Asso.. with restlessness -

*Aññasamāna* except *Chanda* and *Pīti* – 11 +  
universal unwholesome – 4 + = 15

6<sup>th</sup> Naya

(11)

Accom...by equanimity-

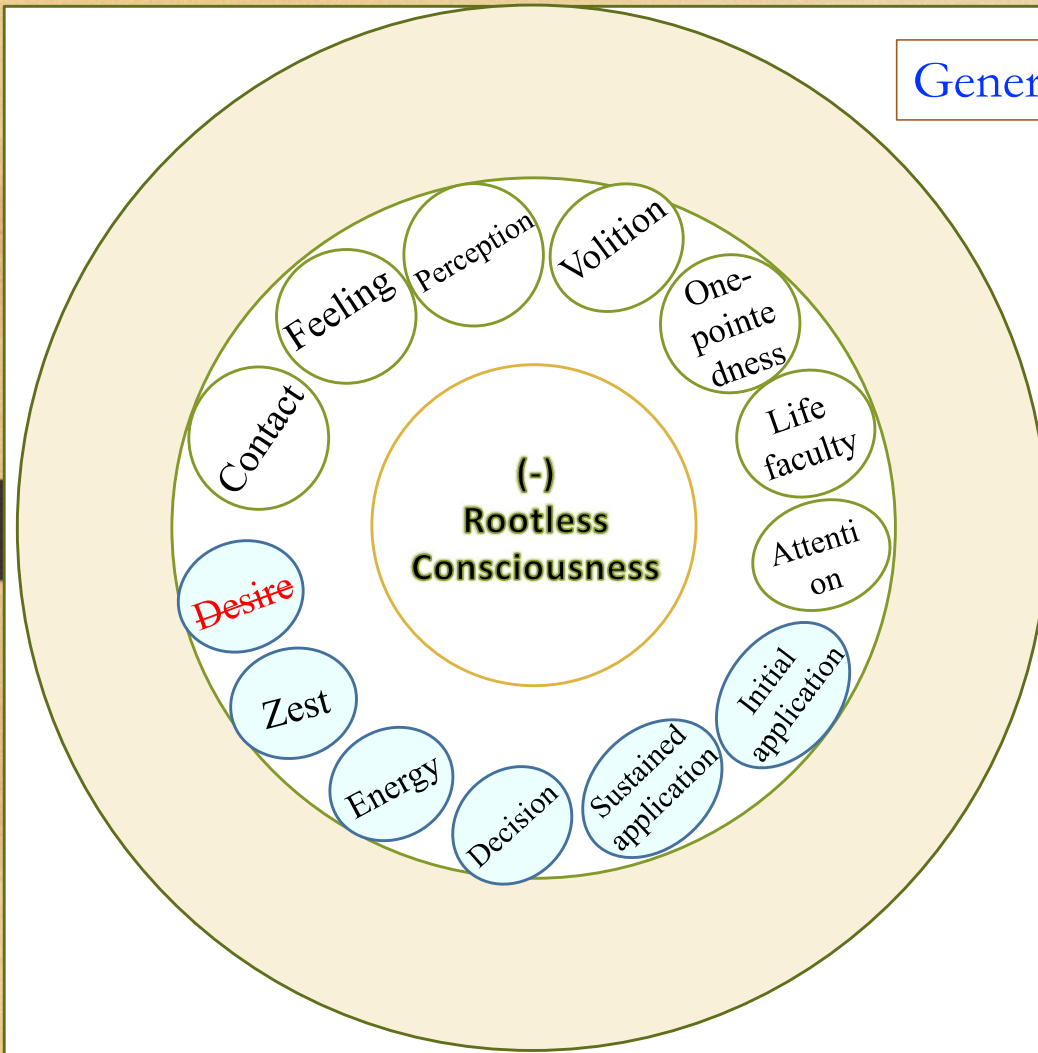
Asso.. with doubt -

*Aññasamāna* except *Chanda*, *Pīti* and *Adhimokkha* – 10 +  
universal unwholesome – 4 + doubt (1) = 15

7<sup>th</sup> Naya

The order of two delusion-rooted cittas are reversed in the Abhidhammattha-saṅgaha text of this section.

## General description of *Ahetuka Citta*



**Rootless Citta – 18**

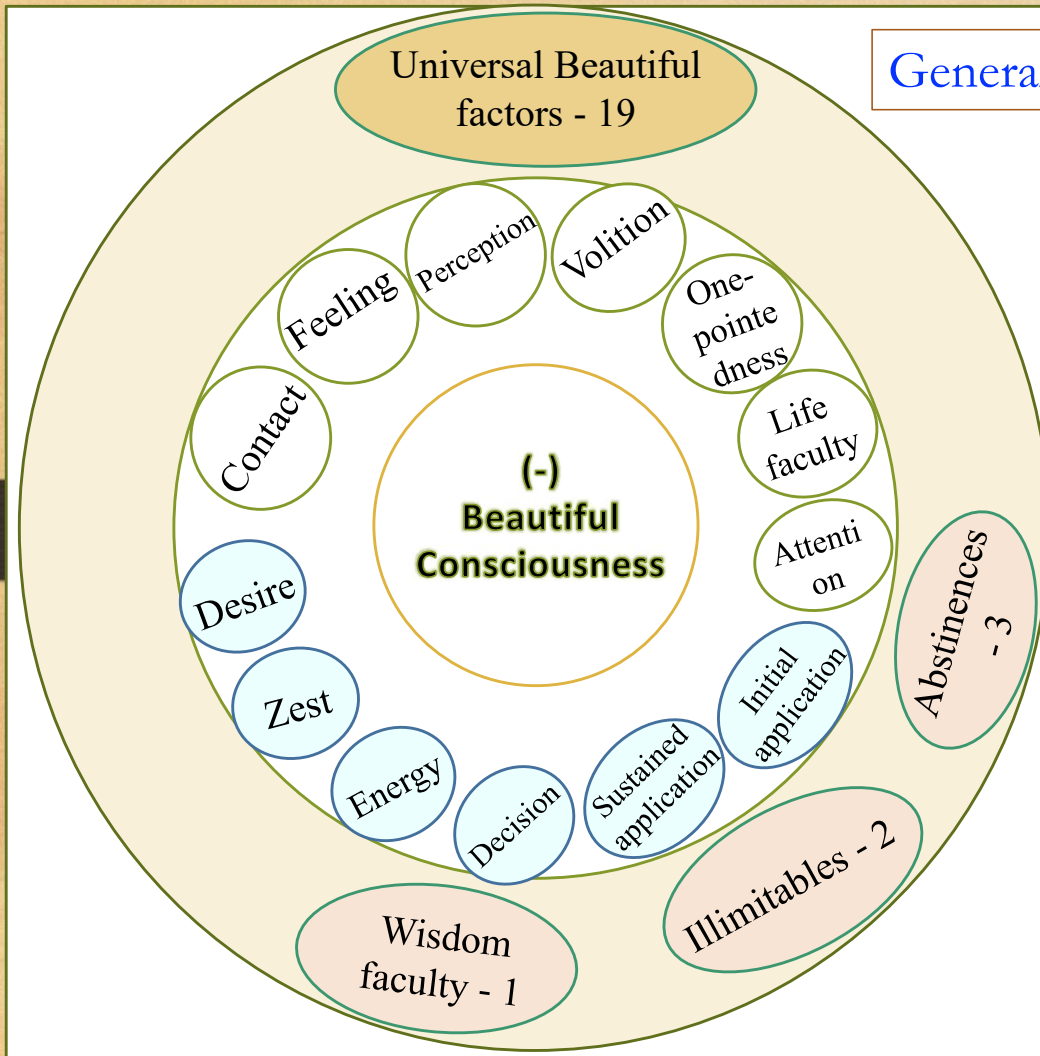
➤ *Aññasamāna* except *Chanda* – 12

## The Combinations of Rootless consciousness – (4 *Nayas*)

1	(1) ( <i>Hasituppāda</i> ) Smile-producing citta Accom...by joy-	<i>Aññasamāna</i> except <b>Chanda</b> = 12 (Universal -7+ Occasional - 5)
2	(2) ( <i>Manodvārāvajjana</i> ) Mind-door Adverting Accom...by equanimity-	<i>Aññasamāna</i> except <b>Chanda</b> and <b>Pīti</b> = 11 (7+4)
	(2) ( <i>Sukha-anīraṇa</i> ) Investigating Accom...by joy-	<i>Aññasamāna</i> except <b>Chanda</b> and <b>Vīriya</b> = 11 (7+4)
3	(3) The five <i>cittas</i> ➤ ( <b>Manodhātuttika</b> ) triple mind element – 3 + ➤ ( <b>Ahetuka-paṭisandhi-yugala</b> ) The pair of rootless rebirth-linking <i>cittas</i> - 2 ( All are accompanied by equanimity)	<i>Aññasamāna</i> except <b>Chanda, Pīti</b> and <b>Vīriya</b> = 10 (7+3)
4	(4) ( <b>Dvipaṇca-viññāṇa</b> ) Two sets of fivefold sense consciousness-10 ( All are accompanied by equanimity)	<i>Aññasamāna</i> except Occasionals = 7 (Only universal – 7)



## General description of *Sobhana Citta*



Beautiful Citta – 59 / 91

➤ *Aññasamāna* – 13 +  
Beautiful Factors – 25 = 38

(3) The combinations of *Kāmāvacara-Sobhana-Citta*  
(Sense-sphere Beautiful Cittas) – 24

**{12}**  
Naya

(1) Great Wholesome  
(*Mahā-kusala*) – 8

*Aññasamāna* – 13 + Beautiful Factors – 25 = 38

(2) Great Resultants  
(*Mahā-vipāka*) – 8

*Aññasamāna* – 13 + Beautiful Factors except three *Viratī* and two *Appamaññā* – 20 = 33

(3) Great Functional  
(*Mahā-kiriya*) – 8

*Aññasamāna* – 13 +  
Beautiful Factors except three *Viratī* – 22 = 35

**Each group has - 4 – Nayas = {12} Naya**

**(Prompted and Unprompted cittas do not differ in constituency of Cetasika)**

(1) First couplet – *Somanassa-sahagata* – *Ñāṇa-sampayutta* – *Asaṅkhārika* / *Sasaṅkhārika*

(2) Second couplet – *Somanassa-sahagata* – *Ñāṇa-vippayutta* – *Asaṅkhārika* / *Sasaṅkhārika*

(3) Third couplet – *Upekkhā-sahagata* – *Ñāṇa-sampayutta* – *Asaṅkhārika* / *Sasaṅkhārika*

(4) Fourth couplet – *Upekkhā-sahagata* – *Ñāṇa-vippayutta* – *Asaṅkhārika* / *Sasaṅkhārika*

(1) The combinations of **Great Wholesome** (*Mahā-kusala*) – 8

{4} Naya

(1)First couplet –	<i>Aññasamāna</i> – 13 + Beautiful Factors – 25 = 38
(2)Second couplet –	<i>Aññasamāna</i> – 13 + Beautiful Factors except <i>Ñāṇa</i> – 24 = 37
(3)Third couplet –	<i>Aññasamāna</i> except <i>Pīti</i> – 12 + Beautiful Factors – 25 = 37
(4)Fourth couplet –	<i>Aññasamāna</i> except <i>Pīti</i> – 12 + Beautiful Factors except <i>Ñāṇa</i> – 24 = 36

But here **the (two) illimitables** and **the (three) abstinences** should be combined separately and occasionally. {5}

Three ways of enumeration = **At most** – (38), **Simultaneously** – (34) , **Always** – (33)

Removing unfixed adjuncts = **Always**

Adding one of the unfixed adjuncts = **Simultaneously**



## (2) The combinations of Great Resultants (*Mahā-vipāka*) – 8

{4} Naya

(1) First couplet –	<i>Aññasamāna</i> – 13 + Beautiful Factors except three <i>Viratī</i> and two <i>Appamaññā</i> – 20 = 33
(2) Second couplet –	<i>Aññasamāna</i> – 13 + Beautiful Factors except three <i>Viratī</i> , two <i>Appamaññā</i> and <i>Ñāṇa</i> – 19 = 32
(3) Third couplet –	<i>Aññasamāna</i> except <i>Pīti</i> – 12 + Beautiful Factors except three <i>Viratī</i> and two <i>Appamaññā</i> – 20 = 32
(4) Fourth couplet –	<i>Aññasamāna</i> except <i>Pīti</i> – 12 + Beautiful Factors except three <i>Viratī</i> , two <i>Appamaññā</i> and <i>Ñāṇa</i> – 19 = 31

- ❖ – Exclude the (two) illimitables – because they take solely sense-sphere phenomena as their object, while the illimitables take the concept of beings as their object.
- ❖ – Exclude the (three) abstinences – there is no refraining from wrong deeds on the occasion of sense-sphere resultants.

### (3) The combinations of **Great Functional** (*Mahā-kiriya*) – 8

**{4} Naya**

(1)First couplet –	<i>Aññasamāna</i> – 13 + Beautiful Factors except three <i>Viratī</i> – 22 = 35
(2)Second couplet –	<i>Aññasamāna</i> – 13 + Beautiful Factors except except three <i>Viratī</i> and <i>Ñāṇa</i> – 21 = 34
(3)Third couplet –	<i>Aññasamāna</i> except <i>Pīti</i> – 12 + Beautiful Factors except three <i>Viratī</i> – 22 = 34
(4)Fourth couplet –	<i>Aññasamāna</i> except <i>Pīti</i> – 12 + Beautiful Factors except three <i>Viratī</i> and <i>Ñāṇa</i> – 21 = 33

Sense-sphere beautiful functional consciousness arise only in the Arahants.

❖ Exclude the three *Viratī* – because Arahants, having cut off all defilements, do not need to deliberately refrain from evil deeds.

❖ the (two) **illimitables** should be combined separately and occasionally. {2}

Three ways of enumeration = At most – (35), Simultaneously – (34) , Always – (33)

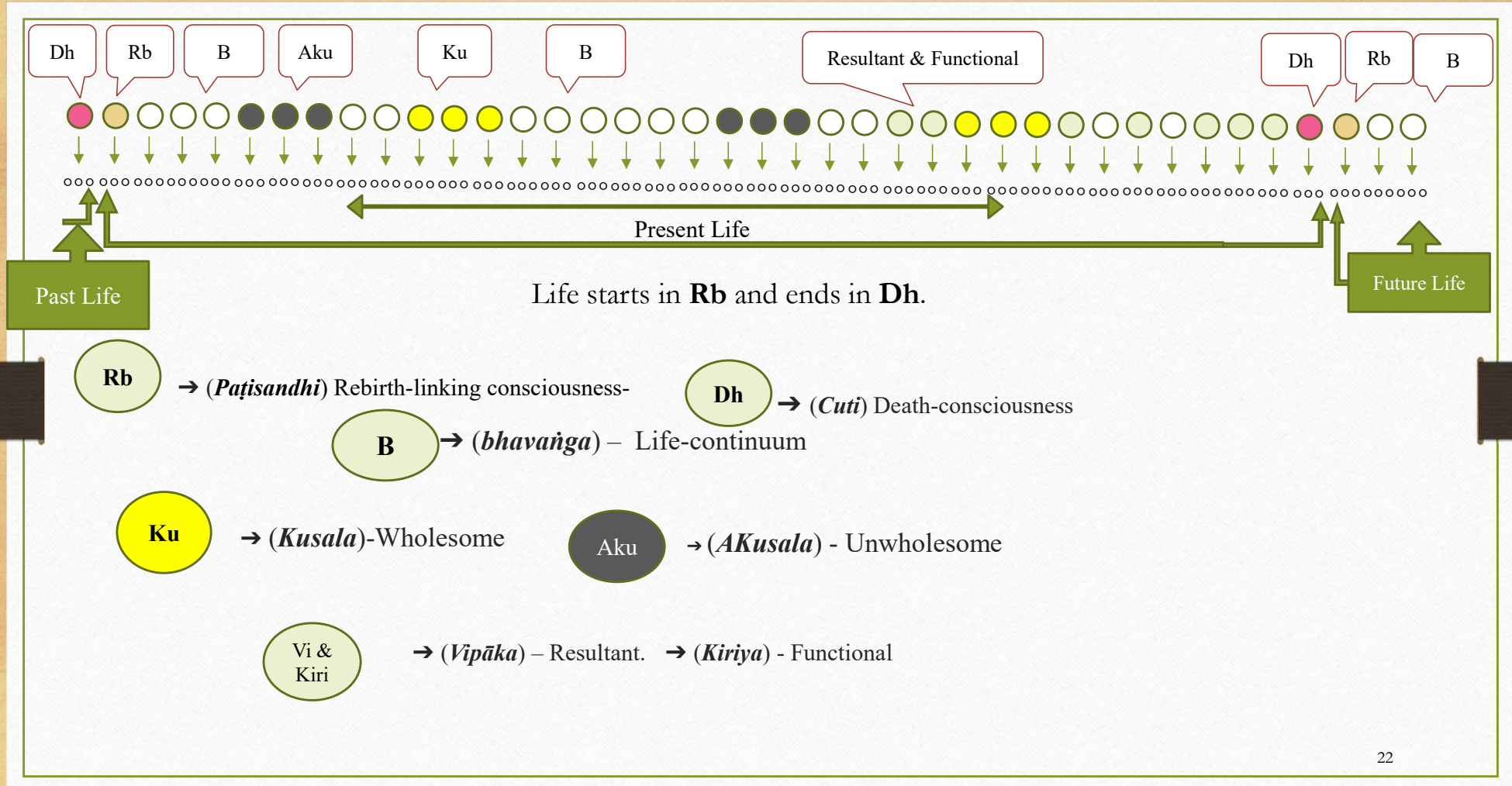
## (2) The combinations of *Mahaggata-Citta* (Sublime Cittas) – 27

(1) <i>First Jhāna</i> – 3	<i>Aññasamāna</i> – 13 + Beautiful Factors except three <i>Viratī</i> – 22 = 35	With joyful feeling
(2) <i>Second Jhāna</i> – 3	<i>Aññasamāna</i> except <i>Vitakka</i> – 12 + Beautiful Factors except three <i>Viratī</i> – 22 = 34	With joyful feeling
(3) <i>Third Jhāna</i> – 3	<i>Aññasamāna</i> except <i>Vitakka</i> and <i>Vicāra</i> – 11 + Beautiful Factors except three <i>Viratī</i> – 22 = 33	With joyful feeling
(4) <i>Fourth Jhāna</i> – 3	<i>Aññasamāna</i> except <i>Vitakka</i> , <i>Vicāra</i> and <i>Pīti</i> – 10 + Beautiful Factors except three <i>Viratī</i> – 22 = 32	With joyful feeling
(5) <i>Fifth Jhāna</i> – 15	<i>Aññasamāna</i> except <i>Vitakka</i> , <i>Vicāra</i> and <i>Pīti</i> – 10 + Beautiful Factors except three <i>Viratī</i> and two <i>Appamaññā</i> – 20 = 30	With equanimity feeling



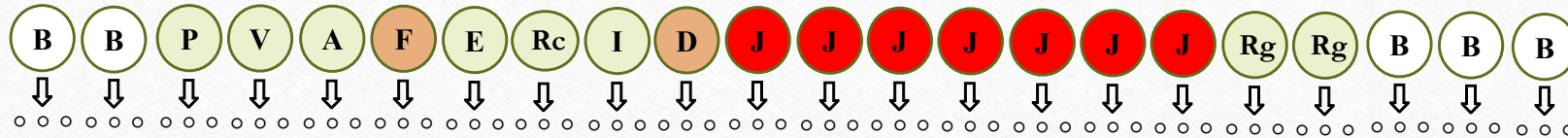
## (1) The combinations of *Lokuttarā-Citta* (Supramundane Cittas) – 40

<b>(1) First Jhāna – 8</b>	<i>Aññasamāna</i> – 13 + Beautiful Factors except two <i>Appamaññā</i> – 23 = 36	With joyful feeling
<b>(2) Second Jhāna – 8</b>	<i>Aññasamāna</i> except <i>Vitakka</i> – 12 + Beautiful Factors except two <i>Appamaññā</i> – 23 = 35	With joyful feeling
<b>(3) Third Jhāna – 8</b>	<i>Aññasamāna</i> except <i>Vitakka</i> and <i>Vicāra</i> – 11 + Beautiful Factors except two <i>Appamaññā</i> – 23 = 34	With joyful feeling
<b>(4) Fourth Jhāna – 8</b>	<i>Aññasamāna</i> except <i>Vitakka</i> , <i>Vicāra</i> and <i>Pīti</i> – 10 + Beautiful Factors except two <i>Appamaññā</i> – 23 = 33	With joyful feeling
<b>(5) Fifth Jhāna – 8</b>	<i>Aññasamāna</i> except <i>Vitakka</i> , <i>Vicāra</i> and <i>Pīti</i> – 10 + Beautiful Factors except two <i>Appamaññā</i> – 23 = 33	With <sup>21</sup> equanimity feeling



## The process of eye-consciousness with unwholesome *javana* (Ordinary / trainee)

Lesson - 9

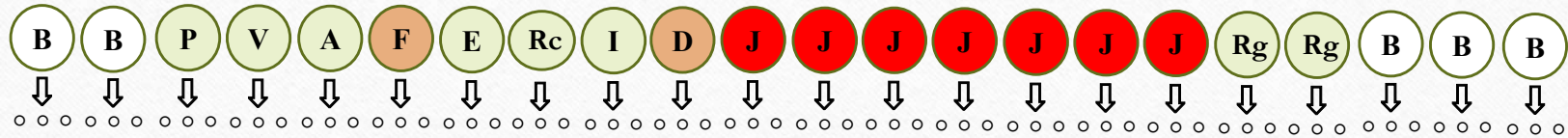


B	<i>bhavaṅga</i> – Life continuum
P	Past <i>bhavaṅga</i>
V	Vibrational <i>bhavaṅga</i>
A	Arrest <i>bhavaṅga</i>
F	Five-door adverting
E	Eye-consciousness
Rc	Receiving
I	Investigation

D	Determining = It just determines the object as its types (e.g – recognizes a visible object as visible object.) This is just mind-door adverting consciousness.
J J J J J J J	<p><b>Javana</b> – “running swiftly” (over the object in the act of apprehending it. Normally seven, all identical in kind)                      {The <b>javana</b> stage is the most important from an ethical standpoint, for it is at this point that wholesome or unwholesome <b>cittas</b> originate. This is so in the case of non-Arahants. For Arahants the <b>javanas</b> are ethically indeterminate. CMA- p.124}</p> <p>Fifty-five <b>cittas</b> that function as <b>javanas</b> are as follow : Unwholesome citta – 12                      Wholesome citta – 21                      Fruition citta – 4                      (except two adverting citta) Functional citta – 18. {see. P.128}</p> <p>( 1) The first <b>Javana</b> moment , being the weakest of all, generates immediately effective <b>kamma</b>.                      (2) The last <b>javana</b> moment, being second weakest in the series, generates subsequently effective <b>kamma</b>.                      (3) The five intermediate <b>javana</b> moments generate the indefinitely effective Kamma (which can ripen at any time from the second future existence onwards, whenever it gains an opportunity to produce results.                      (4) If ripening <b>kammas</b> don't meet the opportunity to produce the result in their respective lives, they become defunct <b>kammas</b>. And, all remaining <b>kammas</b> become defunct after final passing away (<i>parinibbāna</i>) of <i>arahants</i>. (see- CMA p.205)</p>
Rg	Registration (They are occasional)



## The process of eye-consciousness with unwholesome *javana* (Ordinary / trainee)

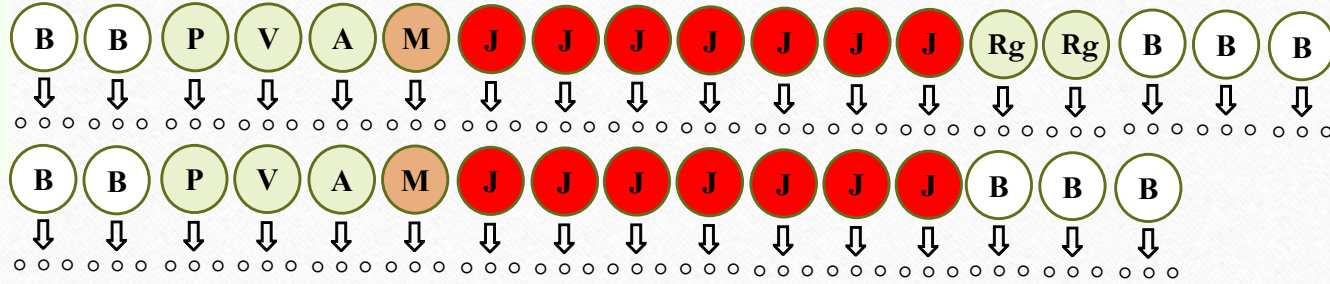


<div>B</div> <div>P</div> <div>V</div> <div>A</div>	<b><i>bhavaṅga</i></b> – Life continuum , Past <b><i>bhavaṅga</i></b> , Vibrational <b><i>bhavaṅga</i></b> , Arrest <b><i>bhavaṅga</i></b> = (19 consciousness) Investigating consciousnesses accompanied by equanimity – 2 + Great Resultant citta – 8 + Sublime resultant citta – 9 = 19
<div>F</div>	Five-door adverting – 1 ← 10 <i>Cetasikas</i>
<div>E</div>	Eye-consciousness – 2 ← 7 <i>Cetasikas</i>
<div>Rc</div>	Receiving – 2 ← 10 <i>Cetasikas</i>
<div>I</div>	Investigating – 3 ← 11 <i>Cetasikas</i> or ← 10 <i>Cetasikas</i>
<div>D</div>	Determining = mind-door adverting consciousness. ← 11 <i>Cetasikas</i>
<div>J</div> <div>J</div>	<b><i>Javana</i></b> – Unwholesome citta – 12 Great Wholesome citta – 8
<div>Rg</div>	Registration – 11 citta (Investigating – 3 + Great Resultant citta – 8 )

# The Mind-door Processes (*Manodvāravīthi*)

Lesson - 9

The mind-door process with unwholesome *javana* (Ordinary / trainee)



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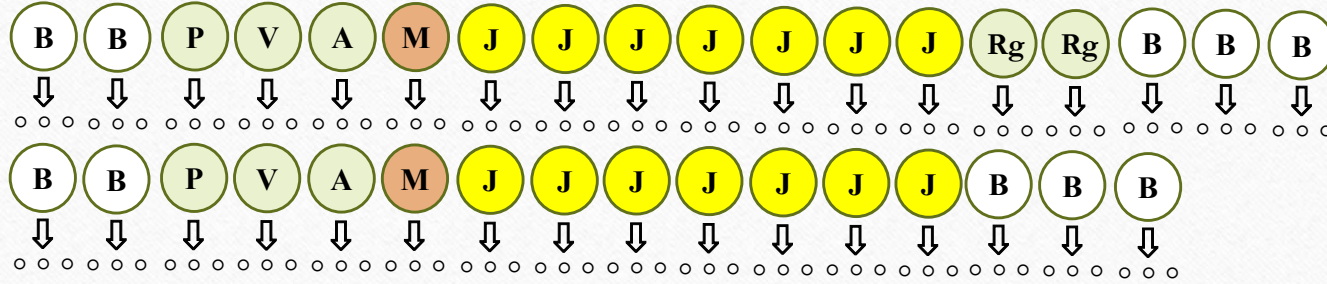
Mind-door advarting



11 *Cetasikas*

*Aññasamāna* except *Chanda* and *Pīti* = 11 (7+4)

The mind-door process with wholesome *javana* (Ordinary / trainee)



The mind-door process with functional *javana* (Arahant)

